

The Sefton Circular

The Sefton Circular is a 24 mile long predominately off road cycle route which explores the wonderful Sefton Coast in addition to the Cheshire Lines path which links Maghull to Ainsdale. When following this route, you will cycle through pine woods, alongside Antony Gormley's statues, pass through Rimrose Valley, cycle alongside the Leeds Liverpool Canal and follow the line of the former Cheshire Lines railway. This enjoyable half day cycle ride is suitable for all abilities to undertake at your own pace, why not take your time and stop off for refreshments, whilst you take in what the local area has to offer.

The directions overleaf, describe the route in a clockwise direction starting from Crosby Lakeside Adventure Centre and is signed along the route. The route can of course be picked up at any point and the directions and signs followed accordingly. Alternatively you may cycle the route the other way in an anticlockwise direction. Follow the signs below:



Follow the route in an
Anticlockwise direction



Follow the route in a
Clockwise direction

The Sefton Coast

Whilst the Sefton Circular route now provides the perfect opportunity to explore miles of beaches and sand dunes, woodland and estuary by bike, don't forget that our coast has so much more to offer residents and visitors. Our coastline really is a source of inspiration for an active, inquiring and fun-loving population and we hope you enjoy discovering and exploring it as much as we do.

Please visit www.seftoncoast.co.uk to find out more, and to find out what else you can discover on our wonderful coastline.



Active Travel

Active Travel is all about encouraging and enabling you to move around your local area on foot, by bike or by sustainable transport. Whether you are traveling to work or college, looking for a leisurely bike ride or wanting a group to go walking with, Active Travel Sefton has the answer to improving your health and wellbeing and saving you money too. For further information, please see the Active Travel website www.activetravelsefton.co.uk



VISIT

VISIT Sefton and West Lancs aims to show you that you can travel around Sefton and West Lancashire via sustainable means, we have ideas for days out to suit everybody including lots of cycling and walking activities. Whether you are a resident or visitor to Sefton and West Lancashire, see the website to see what's on offer www.visitseftonandwestlancs.co.uk



Cycle Hire

If you don't have your own bike, we have several schemes which allow you to hire one. These range from our Freewheeling scheme for residents of Sefton (adult bikes only) to our Southport Cycle Hire Scheme which has bikes for everyone including children's bikes. For further information, please see the Active Travel and VISIT Sefton & West Lancs websites.



Cycle Routes

This route is one of a series of themed routes in Sefton and West Lancashire. They are all suitable for families and both experienced and less experienced cyclists and include many of the area's landmarks. All routes are signed and have accompanying leaflets. These are available at all Cycle Hire Centres or via the websites.



Email: activetravel@sefton.gov.uk

@SeftonTravel

www.activetravelsefton.co.uk

www.visitseftonandwestlancs.co.uk



active sefton



Sefton
Circular



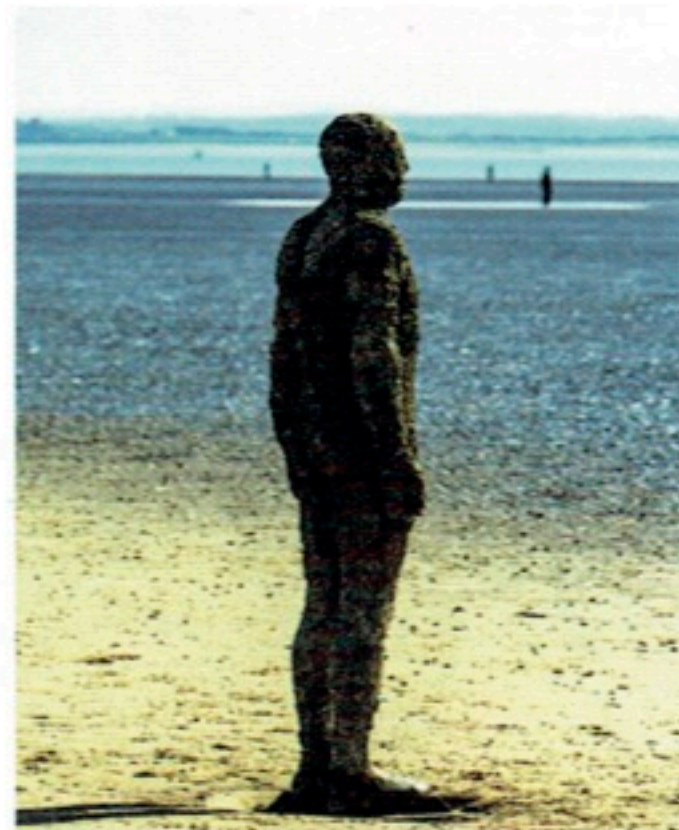
DISTANCE - 24 MILES / 38 KM
MOSTLY OFF ROAD/ TRAFFIC FREE
TIME - 2 / 4 HOURS
(4 HOURS AT A LEISURELY PACE)
MODERATE

active sefton

Route Description



1 From Crosby Lakeside Adventure Centre, head south towards the port. Turn right through the car park and head towards the mural. Keeping the lake to your right follow the path to join the Promenade. Upon reaching the Promenade you will see Antony Gormley's Another Place statues also known as the Iron Men. These 100 cast iron spectacular life-size sculptures spread out along nearly 2 miles of the foreshore and almost 0.6 miles out to sea. Continue north passing Crosby Leisure Centre.



The pink line on the map indicates an alternative route north from Crosby Lakeside as the Promenade may be impassable due to windblown sand.

2 At the end of the Promenade when you reach the coastguard station, continue north through the car park rejoining the cycle path to Hightown. After 1.2 miles you will reach Hightown where you continue north straight ahead along Blundell Road (through a residential area) and then along School Road. When you reach the Hightown pub, turn right into Alt Road and then left just prior to the railway station. Continue north then bear right prior to the entrance to Altcar Training Camp. Also known as Altcar Rifle Range, the camp covers 250 hectares of beaches, sand dunes, fields and small woods and is used for both military and civilian training. The land was given by Lord Sefton and first used for the Grand Lancashire Rifle contest on 29th October 1860.

3 Continue north for approx. 1 mile until you cross the bridge over the River Alt, following the surfaced path until you reach Andrews Lane in Formby.

4 Continue north along Andrews Lane, at the end of the road, turn right and cross the level crossing then turn immediately left into Formby Street. Turn left after passing the Railway pub and follow the path around under the bridge before turning immediately right back along the cycle path. The community centre is on your left. After the community centre, as you reach the end of the path, turn left and join the road at the Toucan crossing. You should now be on Freshfield Road, continuing north towards Freshfield Station.

You have the option to follow the blue line here along Brows Lane to go into Formby village for refreshments.

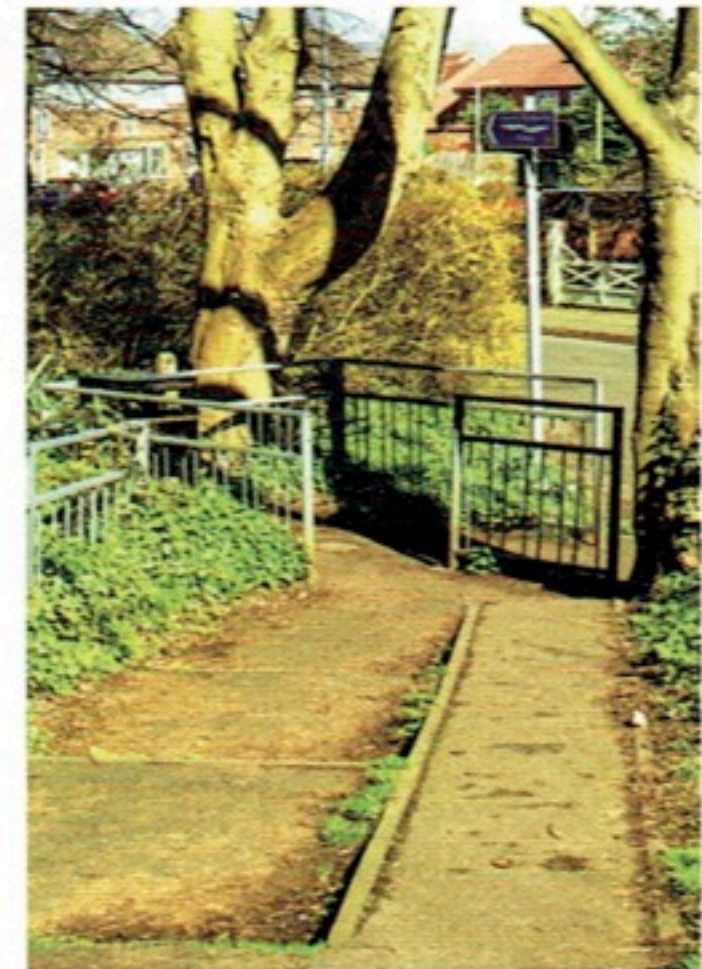


5 As you reach Freshfield Station, cross Victoria Road and continue north along Montagu Road alongside the station car park. Continue onto the cycle track until you reach the level crossing. Cross the railway (please dismount and walk taking care whilst crossing), continue on foot across the Formby Golf Course until you reach a gate, (this is for your own safety, as you will be crossing the Fairway which is a public footpath and walking will allow golfers more time to see you), go through the gate and bear right through the Pinewoods along the unsurfaced path for approx. 1.6 miles (There will be a loose surface and the possibility of pine cones here so please take care). At the point where the track changes to a surfaced track, go through the gate and bear right across the field under the railway bridge. Turn left and follow the path up and around to the Coastal Road.

6 At the Coastal Road, turn left and follow the path over the railway bridge, cross Pinfold Lane (again taking care) and continue until you come to the signal controlled junction of Liverpool Road. Cross the junction via the Toucan crossing, continue along Moor Lane then onto Plexmoss Lane passing Moor Lane Leisure Caravan Park on your left. Continue to follow Plexmoss Lane and then turn right following the Trans Pennine Trail (TPT) signs and head south along the Cheshire Lines Path. The Cheshire Lines Path is a disused railway line converted into a multi-use route linking Southport and Maghull. Built in 1884 by the Cheshire Lines Committee, it was closed as a passenger service on 7 January 1952 and goods six months later. The line remained in intermittent use from Aintree to Altcar and Hill House to

provide access to private sidings until May 1960, when the line was finally lifted. Follow the path for approx. 5 miles until you reach Maghull.

7 At the end of the Cheshire Lines path, turn left through the barriers and follow the path to the controlled Toucan crossing, cross Sefton Lane using the crossing and continue right and then first left into Racecourse Road following the TPT signs. When you get to the end of the road, follow the road around to the right into Meadway. At the end of the cul-de-sac, go through the barriers and rejoin the path. Continue bearing right onto an unsurfaced path, continue over the rise, then down to the Alt River crossing.



8 Follow the path passing through farm land onto Brook House Lane. On reaching Brooms Cross Road, cross at the Toucan crossing and continue along Chapel Lane to the next Toucan crossing on Northern Perimeter Road. Cross the road following Chapel Lane which leads into Aldrins Lane. Continue until you reach the swing bridge. Turn right here, (no longer following the TPT signs) onto the canal towpath continuing for approx. 2 miles.

9 Leave the canal towpath just before the first foot bridge over the canal and enter Rimrose Valley Country Park. Follow the path, at the first crossroads, turn left passing the electric substation on your left. Turn immediate right, exit the park at the barrier and continue on St Mary's Road/Park Road and turn left into Bramhall Lane, cycling along Bramhall Lane until you reach Crosby Road North.

10 Dismount here and walk to the pedestrian crossing to your left (at the 5 lamps war memorial). Continue on foot crossing Walmer Road on your right rejoining Great Georges Road. Continue down Great Georges Road, at the end of the road, continue straight ahead along the path to Crosby Lakeside Adventure Centre.


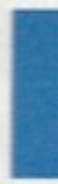

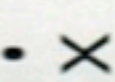










SUNNYSIDE

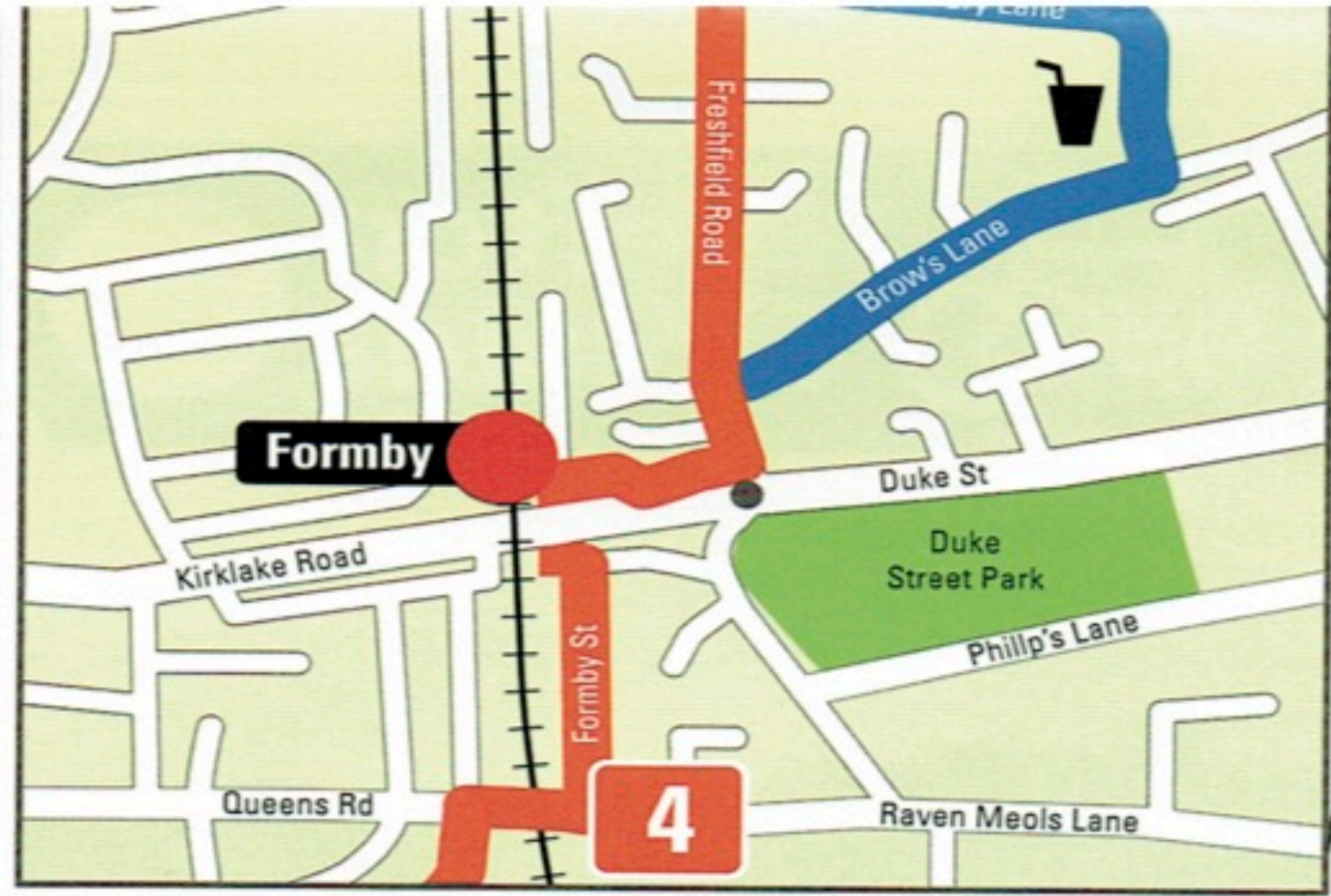
GUEST HOUSE



KEY

-  Sefton Circular Route
-  Formby Alternative Route
Facilities & Refreshments
-  Crosby Alternative Route
Avoid Sand & Promenade
-  Cheshire Lines Path/
Trans Pennine Trail
-  Crosby Lakeside
Adventure Centre
-  Please walk
this section
-  Woodland
-  Fields/Parkland
-  Beach
-  Antony Gormley's
Another Place
-  Refreshments
-  Cycle Hire






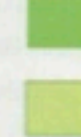

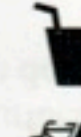
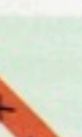

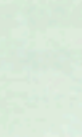

SUNNYSIDE GUEST HOUSE



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GUEST HOUSE

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